



2025 NSW Surf Life Saving OPEN Championships

Day 4 – Sunday 16th March 2025 Finals Package as of 15.03.25	
RED AREA	GREEN & GOLD AREA
7:00am Report – 07:30am Start	
Open Lifesaver Relay (F) (area tbc on the day)	
Warm Ups: SWIM 7.05-7.20, BOARD 7.25-7.40, SKI 7.45-8.00	
8:00am Report – 8:30am Start	8:10am Report – 8:40am Start
U19 Male Ski Race	U17 Male Surf Race
U19 Female Ski Race	U17 Female Surf Race
U17 Male Ski Race	U15 Male Surf Race
U17 Female Ski Race	U15 Female Surf Race
Open Male Ski Race	U19 Male Surf Race
Open Female Ski Race	U19 Female Surf Race
Open Male Surf Race	
Open Female Surf Race	
U15 Male Board Race	
U15 Female Board Race	
U17 Male Board Race	
U17 Female Board Race	
U19 Male Board Race	
U19 Female Board Race	
Open Male Board Race	
Open Female Board Race	
U15 Ironman	
U15 Ironwoman	
U17 Ironman	
U17 Ironwoman	
U19 Ironman	
U19 Ironwoman	
Open Ironman	
Open Ironwoman	
Open Male Taplin (F)	
Open Female Taplin (F)	