

## 2025 NSW Surf Life Saving AGE Championships

Day 2 – Friday 7 March 2025		
SHELLY BEACH U11M, U11F, U9M, U9F	BEACH AREA ONE U10 MALE	BEACH AREA TWO U10 FEMALE
<b>U9 MALE</b>	<b>0745am Report – 0815am Start</b>	
<b>0700 Report – 0730 Start</b>	U10 Mixed Beach Relay (H)	
U9 Male Board Race (H - F)	<b>U10 Mixed Beach Relay (F)</b>	
U9 Male Board Relay (H - F)		
U9 Male Surf Race (H -F)	U10 Male Sprint (H)	U10 Female Sprint (H)
	U10 Male Sprint (SF)	U10 Female Sprint (SF)
<b>U9 FEMALE</b>	<b>U10 Male Sprint (F)</b>	<b>U10 Female Sprint (F)</b>
<b>0930 Report</b>		
U9 Female Board Race (H - F)	U10 Male Beach Relay (H)	U10 Female Beach Relay (H)
U9 Female Board Relay (H - F)	U10 Male Beach Relay (SF)	U10 Female Beach Relay (SF)
U9 Female Surf Race (H -F)	<b>U10 Male Beach Relay (F)</b>	<b>U10 Female Beach Relay (F)</b>
<b>U11 MALE</b>	U10 Male Beach Flags (H)	U10 Female Beach Flags (H)
<b>1200 Report</b>	U10 Male Beach Flags (SF)	U10 Female Beach Flags (SF)
U11 Male Surf Race (H – F)	<b>U10 Male Beach Flags (F)</b>	<b>U10 Female Beach Flags (F)</b>
U11 Male Board Race (H – F)		
U11 Ironman (H – F)		
	<b>2:00pm Report – 2:30pm Start</b>	
<b>U11 FEMALE</b>	<b>U11 M &amp; F 1km Beach Run (F) / 2 x 500m Beach Run Relays (F)</b>	
<b>1400 Report</b>	<b>U12 &amp; F 1km Beach Run (F) / 2 x 500m Beach Run Relays (F)</b>	
U11 Female Surf Race (H – F)	<b>U13 M &amp; F 2km Beach Run (F) / 2 x 1km Beach Run Relays (F)</b>	
U11 Female Board Race (H – F)	<b>U14 M &amp; F 2km Beach Run (F) / 2 x 1km Beach Run Relays (F)</b>	
U11 Ironwoman (H – F)	<b>U11 Mixed 2 x 500m Beach Run Relay (F)</b>	
	<b>U12 Mixed 2 x 500m Beach Run Relay (F)</b>	
	<b>U13 Mixed 2 x 500m Beach Run Relay (F)</b>	
	<b>U14 Mixed 2 x 500m Beach Run Relay (F)</b>	

**\*\* No club tents to be installed at Shelly Beach \*\***