



**Wanda Surf Life Saving Club  
9<sup>th</sup> Annual Tradies “One Club” Surf Carnival  
Saturday, 26 October 2024**

**List of Events:**

**Multi Discipline:**

U11-U17, Open and Masters 40+ Ironman and Ironwoman  
Open Male and Female Ocean M Race  
U15 - U17 and Masters 40+ Male and Female Cameron/Taplin Relay  
Open Mixed 6 Person Taplin Relay

**Craft Events**

U9 - U17, Open and Masters 40+ Male and Female Board Race  
U9 - U13, U15, U17, Open and Masters 40+ Male and Female Board Relay  
Inclusive Competitor Male and Female Board Races  
U17, Open and Masters 40+ Male and Female Ski Race  
U17, Open and Masters 40+ Male and Female Ski Relay

**Swim Events**

U9 - U17, Open and Masters 40+ Male and Female Surf Race  
U8 Male and Female Wade Race  
U8 Male and Female Wade Relay Race  
Inclusive Competitor Male and Female Surf Races  
Inclusive Competitor Male and Female Wade Races

**Beach Events**

U13 - U17 and Open Male and Female 2km Beach Run  
U10 - U12 and Masters 40+ Male and Female 1km Beach Run  
Inclusive Competitor Male and Female 500m Beach Run  
U13 - U17, Open and Masters 40+ Male and Female 2x1km Beach Run Relay  
U10 to U12 Male and Female 2x500m Beach Run Relay  
U8 - U17, Open and Masters 40+ Male and Female Beach Sprint  
U8 - U13, U15, U17, Open and Masters 40+ Male and Female Beach Relay  
Inclusive Competitor Male and Female Beach Sprints  
U8 - U17, Open and Masters 40+ Male and Female Beach Flags  
Inclusive Competitor Male and Female Beach Flags

**Rescue and Resuscitation (R&R) Events**

U10 to U11 2 Person R&R  
U12 2 Person R&R  
U13 to U14 2 Person R&R \*

U14 to U15 2 Person R&R \*

U13 to U15 5 Person R&R

\* U14 Competitors must choose which 2 Person R&R event in which to compete (i.e., an U14 age competitor cannot compete in both the U13 to U14 and the U14 to U15 2 Person R&R.

U17 2 Person R&R

U17 2 Person R&R

U17 5 Person R&R

U19 2 Person R&R

U19 5 Person R&R

U23 5 Person R&R

Open 2 Person R&R

Open 5 Male R&R

Open 5 Female R&R

Open 5 Mixed R&R \*

\* The open Mixed 5 R&R must contain a minimum of 2 males and 2 females.

### Start Times:

The following are the proposed start times for events. Initial marshalling will commence 30 minutes beforehand:

- 7:00am: Beach Runs
- 7:30am: 2km ski paddles
- 8:00am: Inclusive Events (Medals for all entrants)
- 8:00am: R&R
- 8:00am: U9 - U10 Beach Events
- 8:00am: U9 - Masters Water Events
- 8:30am: U8 Events (this is to be a fun introductory day with medals for all entrants)
- 11:30am: U11 - U13 Beach Events
- 10:00am: U14 - Masters Beach Events
- 2:00pm: Approximate Finish Time

### Surf Boats:

**Surf Boat events will be conducted on Saturday, 19 October 2024. Please refer to separate entry circulars that will detail event conditions, events to be conducted, entry fees and other information.**

### Further Information:

Please entry circular supplementary rules and full details will issue in Mid-September 2023.

Please contact Wanda SLSC office - telephone 9523 4343 or [clubhouse@wandaslsc.com.au](mailto:clubhouse@wandaslsc.com.au).

