



POSITION	LOCATION	DATE
Peer Support Officer	Flexible	January 2024
REPORTS TO	Position Type	
Club Captain	Volunteer Position	

PURPOSE STATEMENT

Peer Support Officers are responsible for supporting the mental health and wellbeing of members and staff aged 15+ by providing support, promoting mental health awareness, and encouraging social connections and early help seeking, primarily within their club.

Peer Support Officers will work closely with State to support staff wellbeing and/or the Club to support member wellbeing. This may include conversations, training, information sharing, referrals.

KEY ROLE RESPONSIBILITIES

Responsibility	Description of Responsibilities
Provide support to members/staff through a peer support program	<ul style="list-style-type: none">Promote social connection and support across and within peer working groups.Encourage and facilitate early help-seeking behaviours through a peer-based support program.Increase mental health awareness and take a proactive approach to supporting wellbeing.Demonstrate the organisation's commitment to supporting their people's health, safety and wellbeing.Encourage and assist members/staff to connect with appropriate internal and external support services.Participate in relevant training and/or professional development activities, as arranged by SLSNSW from time to time to ensure knowledge and skills are maintained to an appropriate standard.
Member/staff Engagement	<ul style="list-style-type: none">Be an active member/current staff of SLSNSW with considerable experience.Be respected by their peers.Promote a professional image of Surf Life Saving to internal and external stakeholders.Work with SLSNSW Wellbeing team, Club Lifesaving team and/or the Club wellbeing team to effectively increase mental health awareness and promote relevant support options.

Peer Support Capability	<p>Participate in Peer Support Training and refresher programs as required and provided by SLSNSW.</p> <p>Continue to monitor and proactively manage own wellbeing.</p> <p>Seek assistance and support as required.</p> <p>Maintain appropriate boundaries.</p>
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SELECTION CRITERIA	
Essential Criteria	Desired Knowledge
<ul style="list-style-type: none"> • Must be over 18 years of age. • Working with Children Check (or willing to obtain). • Must be able to demonstrate an understanding of appropriate behaviours when engaging with Children/Young People. • Current drivers' licence. • Be a current, financial member or staff of SLSNSW. 	<ul style="list-style-type: none"> • An understanding of club operations and member/staff engagement pathways. • Elementary understanding and awareness of mental health. • Recognising the signs and symptoms of members/staff requiring support. • Knowledge of support services available and referring individuals where necessary. • Self-awareness in relation to level of competence and any limitations. • Understanding of responsibilities around confidentiality including its limitations. • Ability to identify and managing ethical concerns appropriately.
Essential Skills/Attributes	Desired Skills
<ul style="list-style-type: none"> • Strong interpersonal communication and listening skills. • An empathic, approachable and non-judgemental demeanour. • Ability to manage composure. • Demonstration of a genuine commitment to support others. • Ability to build relationships and maintain appropriate boundaries. • Ability to maintain confidentiality and demonstrate trustworthiness. • Sound stress management strategies and self-care routine. • Ability to seek assistance and support when required. 	<ul style="list-style-type: none"> • Previous experience in a role supporting the mental health and wellbeing of others (e.g. peer supporter, HR role, counselling). • Previous experience in assisting the mental wellbeing of others.

KEY STAKEHOLDER RELATIONSHIPS
<p>Club Members, Club President/Executive team, SLSNSW Wellbeing Team.</p> <p><i>Please note that due to the interpersonal requirements of this position, we request that applicants review their personal and Surf Life Saving commitments before applying.</i></p>



Surf Life Saving is committed to protecting children and young people from harm. We require all applicants that will work with Children/Young People to undergo an extensive screening process prior to appointment.