

# **Circular 3848** 14 August 2024

## **NSW Surf Sport Academy**

### 2024/25 Youth Development Program Athlete Application

**Attention:** Branch Directors, Club Presidents, Club Secretaries, Club Competition

Officers, Branch Officers, Athletes.

Actioned by: Athletes wishing to gain selection in the 2024/25 NSW Surf Sport Academy - Youth

**Development Program** 

**Date:** 14 August 2024

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Summary	SLSNSW is calling for athletes wishing to gain selection in the 2024/25 NSW Surf Sport Academy - Youth Development Program
Action	Please complete the Online Application Form by 1st September 2024.

#### **Background**

The NSW Surf Sport Academy - Youth Development Program provides a professional, age-appropriate athlete development program for males and females aged 15 to 17 and plays a leading role in building and maintaining the number of skilled Surf Sports athletes in the NSW youth athlete talent pool.

Currently, there are 50 athletes across the five (5) regions of NSW participating in the NSW Surf Sport Academy - Youth Development Program.

NOTE: To be eligible for selection in the 2024-25 intake athletes must turn 15 years of age between 1 October 2023 - 30 September 2024. (i.e. first year U17s) only.

#### **Program**

The NSW Surf Sport Academy - Youth Development Program consists of two key elements aimed to enhance athletes' long-term development and surf sports performance.

The program will commence in October 2024.

#### 1. Surf Sports Skills

The aim of the Surf Sports Skills element of the Youth Development Program is to provide talent identified athletes with exposure to, discipline specific skill coaching and mentoring, to complement and supplement existing club delivered training/competition experiences.



Surf Sports Development

Surf sports specific skill and performance focused workshops including Surf
Sport Camps each year delivered by selected coaches and performance
pathways experts

#### 2. Athlete Development

The aim of the Athlete Development element of the Youth Development Program is to provide talent identified athletes with exposure to, individualised athletic development and athlete education, to complement and supplement existing club delivered training/competition experiences.



The program is delivered through the Regional Academies of Sport and is an athlete development program that has multisport applications.

Athletic Development	Athlete Assessment Weekly individualised strength and conditioning program including 1 x face to face session per week at regional training hub
Athlete Education	Athlete focused knowledge and application sessions including: Exercise Physiology, Injury prevention & management, Nutrition, Strength and Conditioning, Sports Psychology, Social Media & Cyber Safety

The Athlete Development programs will be delivered by RASi approved providers within NSW at the following venues:

North Coast	<ul><li>Lismore</li><li>Coffs Harbour</li><li>Port Macquarie</li></ul>
Hunter/Central Coast	<ul> <li>Newcastle</li> <li>Lake Macquarie</li> <li>Mingara</li> <li>Erina</li> </ul>
Sydney Northern Beaches	Narrabeen
Sydney	Sutherland Shire
Illawarra & South Coasts	Wollongong

Venues are subject to change

The 2024/25 intake for the NSW Surf Sport Academy - Youth Development Program will be up to 40 athletes selected across the following five regions.

- North Coasts
- Hunter/Central Coast
- Sydney Northern Beaches
- Sydney
- Illawarra & South Coasts

SLSNSW reserve the right to alter the number of athletes from each region.

Athletes will be selected by the SLSNSW Selection Panel and endorsed by their relevant Branch Director of Sport.

NOTE: To be eligible for selection in the 2024-25 intake athletes must turn 15 years of age between 1 October 2023 - 30 September 2024. (i.e. first year U17s) only.

#### Levy

Athletes will be charged a \$500.00 per annum levy. SLSNSW subsidise the remaining 50% of RASi fees. Activities related to the SLSNSW Surf Sports Skills element of the program will be ad – hoc and will incur additional costs.

#### **How to Apply**

- All nominating members are asked to familiarise themselves with the <u>SLSNSW Selection</u>
   Policy. All athletes must comply with the guidelines and expectations in these documents.
- Complete the Online Application Form by 1st September 2024.
- All nominees must be current financial members and proficient with their relevant awards. All nominations must be endorsed by Club representatives.
- After nominations close, Branch Directors of Surf Sports will be sent all nominations from
  within their Branch. They will then be required to provide endorsement for nominations to
  SLSNSW within 48 hours. Individuals are not required to seek a letter from Branch prior to
  nomination. If a Branch does not endorse the nomination, it will be its responsibility to
  communicate this to the members.