## 2024 NSW Pool Lifesaving State Championships





## Club Equipment Assistant Roster

Each participating club at the NSW Pool Lifesaving State Championships must adhere to the following roster and provide assistance with equipment when necessary. Clubs must supply 1 volunteer to assist the equipment coordinator when rostered. Please ensure that your nominated member is a confident swimmer and is willing to get in the water if required.

#### Friday 14/06

	Clubs to supply volunteers	Role Description
Events 1 – 45 Approx. time: 3:30pm – 7:30pm		<ul> <li>Must be prepared to get in the water.</li> <li>Fixing obstacles to lane ropes and aligning for Obstacle Swim. This can be completed during warm up time (3:00-4:00pm).</li> <li>Moving obstacles in the pool for the Line Throw event</li> </ul>

#### Saturday 15/06

	Clubs to supply volunteers	Role Description
Events 45 – 70 Approx time: 8:30am – 12:00pm	The Hills LSC Parramatta City LSC Cronulla SLSC	<ul> <li>Assist in filling manikins with water</li> <li>Transport manikins from finish end back to start end by towing them along in the empty lanes (0 &amp; 9)</li> <li>Superlifesaver – tow full manikins back to halfway for scuba team to reset on pool floor</li> </ul>

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<b>Events 71 – 93</b> Approx time: 12:30pm – 3:30pm	Newport SLSC	<ul> <li>Assist in filling manikins with water</li> <li>Transport manikins from finish end back to start end by towing them along in the empty lanes (0 &amp; 9)</li> <li>Transport bricks along pool deck using a trolley</li> </ul>
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### **Sunday 16/06**

	Clubs to supply volunteers	Role Description
Events 95 – 114 Approx time: 9:30am – 12:00pm	North Wollongong SLSC Cooks Hill SLSC (2 volunteers) Parramatta LSC (2 volunteers)	<ul> <li>Must be prepared to get in the water.</li> <li>Fix obstacles to lane ropes for Multi-Class Obstacle Swim. This can be done during warm up time (8:30-9:30am)</li> <li>Move obstacles in the pool for Multi-Class Line Throw event</li> <li>Assist in filling manikins with water</li> <li>Transport manikins from finish end back to start end by towing them along in the empty lanes (0 &amp; 9)</li> </ul>
Events 115 – 146 Approx time: 12:00pm – 2:30pm	Engadine LSC South Maroubra SLSC Bondi SLSC	<ul> <li>Rescue Medley – tow full manikins back to 17.5m mark for scuba team to reset on pool floor</li> <li>Assist in packing away equipment not in use</li> </ul>