2023 NSW Surf Life Saving Inclusive Championships Fact Sheet

Date: Sunday 26th February 2023 **Time**: Meeting at 9.15am, for 10:00am start

Location: North Steyne SLSC **Meeting Point**: On the sand next to North Steyne SLSC – look for the purple flags!

Late Entries can be made by emailing <u>memberservices@surflifesaving.com.au</u>

On the Day:

We will welcome all competitors and

provide an update on events based on numbers and water conditions (a risk assessment will take place on the day prior to the start time).

- **Championship Event** The Inclusive Championships will run in accordance with the 37th Edition Surf Sports Manual
- **Events** the events that will be running are competition based and include Beach Sprints, Beach Flags, Wade, Swim, Board. Events will be run for male and female, and competitors split into age groups from U8 to Opens, noting that some age groups may be combined.
- **Parking** event Parking will be available at Keirle Park and Hinkler Park. A Kiss and Drop zone will be operational in Pacific St. More info on parking available <u>here</u>.
- Please enter from a northbound direction along North Steyne
- **Change rooms** accessible change rooms can be used in North Steyne SLSC.
- **Photos** feel free to take photos of your child competing in these events.
- Merchandise there is a merchandise tent in the vendors tent area on the grass near Queenscliff SLSC.
- Pink Rash Vests Pink Vests will be issued.
- Water Events At this stage that water events are to be held in the Black and White Area (depending on WS risk Assessment) Competitors can choose how they participate and in what events based on the conditions on the day. Board Paddlers must bring their own board to compete on. (It is expected in the surf swim and board events that competitors complete the course unaided)
- Live Heats Wristbands please bring your own Live Heats wristband if you have already competed in another carnival. If not these will be issued on the beach at registration.
- Medals will be awarded for 1st, 2nd and 3rd placegetters in each event.
- Water Safety bring your water safety support crew ratio 1:1 (wearing their orange rashie, cap and rescue tube or rescue board) if your competitors are planning on taking part in water events.
- Sun Protection Bring appropriate sun safe protection

Questions? Contact <u>memberservices@surflifesaving.com.au</u> in the lead up to the event, or phone Claire on 0429 399 101 on the day.

