

**2023 NSW Surf Life Saving Championships - Opens Program (DRAFT - 02.11.2022)**

**Day 1 - Friday 3 March 2023**

<b>Water Area 1</b>	<b>Water Area 2</b>	<b>Water Area 3</b>	<b>Water Area 4</b>
<b>Open, U19 and U17 Male</b>	<b>Open, U19 and U17 Male</b>	<b>Open, U19 and U17 Female</b>	<b>U15 Male and Female</b>
<b>7.30am Report</b>	<b>7.30am Report</b>	<b>7.30am Report</b>	
<b>8am Start</b>	<b>8am Start</b>	<b>8am Start</b>	<b>Start time TBC</b>
U19 M Surf Race (SF/F)	U19 M Surf Race (SF/F)	U19 F Surf Race (SF)	
U17 M Surf Race (H/SF)	U17 M Surf Race (H/SF)	U17 F Surf Race (SF)	U15 M Surf Race (SF)
Open M Surf Race (H/SF)	Open M Surf Race (H/SF)	Open F Surf Race (SF)	U15 F Surf Race (SF)
U17 M Board Race (H)	U17 M Board Race (H)	U17 F Board Race (H)	U15 M Board Race (H)
Open M Board Race (H/QF)	Open M Board Race (H/QF)	Open F Board Race (H/QF)	U15 F Board Race (H)
U17 M Board Race (QF)	U17 M Board Race (QF)	U17 F Board Race (QF)	<i>U15 M Board Race (QF)*</i>
U19 M Board Race (SF)	U19 M Board Race (SF)	U19 F Board Race (SF)	<i>U15 F Board Race (QF)*</i>
Open M Board Race (QF)	Open M Board Race (QF)	Open F Board Race (QF)	U15 Ironman (H)
U17 M Board Race (SF)	U17 M Board Race (SF)	U17 F Board Race (SF)	U15 Ironwoman (H)
Open M Board Race (SF)	Open M Board Race (SF)	Open F Board Race (SF)	
			U15 Ironman (QF)
			U15 Ironwoman (QF)
U17 M Surf Teams (H/F)	U17 M Surf Teams (H/F)	U17 F Surf Teams (SF/F)	
Open M Surf Teams (SF/F)	Open M Surf Teams (SF/F)	Open F Surf Teams (SF/F)	
<b>U19 M Surf Teams (F)</b>		U19 F Surf Teams (F)	U15 M Board Rescue (H/QF)
<b>U17 M Surf Teams (F)</b>		<b>U17 F Surf Teams (F)</b>	U15 F Board Rescue (QF)
<b>Open M Surf Teams (F)</b>		<b>Open F Surf Teams (F)</b>	U15 M Board Rescue (QF/SF)
	<i>Lifesaver Relay (SF) Timed*</i>	<i>Lifesaver Relay (SF) Timed*</i>	
U19 Ironman (SF)	U19 Ironman (SF)	U17 Ironwoman (QF)	
U17 Ironman (QF)	U17 Ironman (QF)	U19 Ironwoman (SF)	U15 Male Cameron SF
Open Ironman (QF/SF)	Open Ironman (QF/SF)	Open Ironwoman (QF/SF)	U15 Female Cameron SF
U17 Ironman (SF)	U17 Ironman (SF)	U17 Ironwoman (SF)	
Open Ironman (SF)	Open Ironman (SF)		
U17 M Ski Race (H)	U17 M Ski Race (H)	U17 F Ski Race (QF)	

Open M Ski Race (H)	Open M Ski Race (H)	Open F Ski Race (QF)	
U17 M Ski Race (QF)	U17 M Ski Race (QF)	U19 F Ski Race (SF)	
U19 M Ski Race (QF)	U19 M Ski Race (QF)	U17 F Ski Race (SF)	
Open M Ski Race (QF)	Open M Ski Race (QF)	Open F Ski Race (SF)	
U17 M Ski Race (SF)	U17 M Ski Race (SF)		
U19 M Ski Race (SF)	U19 M Ski Race (SF)	U19 Mixed Double Ski (SF/F)	
Open M Ski Race (SF)	Open M Ski Race (SF)	<b>U19 Mixed Double Ski (F)</b>	
		Open Mixed Double Ski (H)	
		<b>Open Mixed Double Ski (F)</b>	
U17 Male Surf Belt (H)	U17 Male Surf Belt (H)		
U17 Female Surf Belt (H)	U17 Female Surf Belt (H)		
Open Male Surf Belt (H)	Open Male Surf Belt (H)	<i>Lifesaver Relay (SF) Timed*</i>	
Open Female Surf Belt (H)	Open Female Surf Belt (H)		
U19 Male Surf Belt (H)	U19 Male Surf Belt (H)		
U19 Female Surf Belt (H)	U19 Female Surf Belt (H)		
Open Male Surf Belt (SF)	Open Male Surf Belt (SF)		
<b>U17 Male Surf Belt (F)</b>	<b>U17 Male Surf Belt (F)</b>		
<b>U17 Female Surf Belt (F)</b>	<b>U17 Female Surf Belt (F)</b>		
<b>U19 Male Surf Belt (F)</b>	<b>U19 Male Surf Belt (F)</b>		
<b>U19 Female Surf Belt (F)</b>	<b>U19 Female Surf Belt (F)</b>		
<b>Open Male Surf Belt (F)</b>	<b>Open Male Surf Belt (F)</b>		
<b>Open Female Belt (F)</b>	<b>Open Female Belt (F)</b>		

\*Timing TBC

**2023 NSW Surf Life Saving Championships - Opens Program (DRAFT - 02.11.2022)**

**Day 2 - Saturday 4 March 2023**

<b>Water Area 1 Open, U19, U17, U15 M</b>	<b>Water Area 2 Open, U19, U17, U15 M</b>	<b>Water Area 3 Open, U19, U17, U15 F</b>	<b>Beach Area</b>	<b>RNR (at Freshwater)</b>
<b>7.30am Report 8am Start</b>	<b>7.30am Report 8am Start</b>	<b>7.30am Report 8am Start</b>	<b>7.00am Report 7.30am Start</b>	<b>Timing TBC</b>
<i>U15 M Board Race (QF)*</i>	<i>U15 M Board Race (QF)*</i>	<i>U15 F Board Race (QF)*</i>		
U19 M Board Relay (SF/F)	U19 M Board Relay (SF/F)	U19 F Board Relay (SF/F)	U15/U17/U19/Open 2km Run M/F	U17 2 Person
U15 M Board Relay (SF)	U15 M Board Relay (SF)	U15 F Board Relay (SF)		U17 5 Person
U17 M Board Relay (SF)	U17 M Board Relay (SF)	U17 F Board Relay (SF)	U15/U17/U19/Open 1K Relay M/F	U19 2 Person
Open M Board Relay (SF)	Open M Board Relay (SF)	Open F Board Relay (SF)		U19 5 Person
<b>U15 M Board Relay (F)</b>	U15 M Surf Teams (SF/F)	<b>U15 F Board Relay (F)</b>	U19 F/M Sprints	U23 5 Person
<b>U19 M Board Relay (F)</b>	U15 F Surf Teams (SF/F)	<b>U19 F Board Relay (F)</b>	U17 F/M Sprints (QF)	Open 2 Person
<b>U17 M Board Relay (F)</b>	<b>U15 M Surf Teams (F)</b>	<b>U17 F Board Relay (F)</b>	Open F/M Sprints (SF/QF)	Open 6 Person
<b>Open M Board Relay (F)</b>	<b>U15 F Surf Teams (F)</b>	<b>Open F Board Relay (F)</b>	U15 F/M Sprints	Open Male 5 Person
			Open M Sprints (SF)	Open Male 5 Person
U15 M Board Rescue (SF)	U15 M Board Rescue (SF)	U15 F Board Rescue (SF)	U17 F/M Sprints (SF)	Open Female 5 Person
U17 M Board Rescue (H)	U17 M Board Rescue (H)	U17 F Board Rescue (QF)	U15 M/F Sprint (SF)	Open Mixed 5 Person
Open M Board Rescue (QF)	Open M Board Rescue (QF)	U19 F Board Rescue (SF)	U19 F/M Sprints (F)	
U17 M Board Rescue (QF)	U17 M Board Rescue (QF)	U17 F Board Rescue (SF)	U17 F/M Sprints (F)	
U19 M Board Rescue (SF)	U19 M Board Rescue (SF)	Opens F Board Rescue (SF)	Open F/M Sprints (F)	
U17 M Board Rescue (SF)	U17 M Board Rescue (SF)	<b>U15 F Board Rescue (F)</b>	U15 F/M Sprint (F)	
Open M Board Rescue (SF)	Open M Board Rescue (SF)	<b>U17 Board Rescue (F)</b>		
		<b>U19 F Board Rescue (F)</b>	U19 F/M Relays (F)	
<b>U15 M Board Rescue (F)</b>		<b>Open F Board Rescue (F)</b>	U17 F/M Relays (F)	
<b>U17 M Board Rescue (F)</b>			Open F/M Relays (F)	
<b>U19 M Board Rescue (F)</b>	U15 Ironwoman (SF)		U15 F/M Relays	
<b>Open M Board Rescue (F)</b>	U15 Ironman (SF)	<b>U19 F Rescue Tube Rescue (F)</b>		
<b>U19 M Rescue Tube Rescue (F)</b>		<b>Open F Rescue Tube Rescue (F)</b>	U19 F/M Mixed Relay (F)	
<b>Open M Rescue Tube Rescue (F)</b>			U17 F/M Mixed Relay (F)	
		U19 F Taplin Relay (SF/F)	Open F/M Mixed Relay (F)	
U19 M Taplin Relay (SF/F)	U19 M Taplin Relay (SF/F)	U17 F Taplin Relay (SF/F)	U15 F/M Mixed Relay	

U17 M Taplin Relay (SF/F)	U17 M Taplin Relay (SF/F)	Open F Taplin Relay (SF)		
Open M Taplin Relay (SF)	Open M Taplin Relay (SF)		U19 F/M Flags	
Open Mixed Taplin Relay (SF)	Open Mixed Taplin Relay (SF)		U17 F/M Flags	
<b>U19 M Taplin Relay (F)</b>		<b>U19 F Taplin Relay (F)</b>	Open F/M Flags	
<b>U17 M Taplin Relay (F)</b>		<b>U17 F Taplin Relay (F)</b>	U15 F/M Flags	
<i>Open Mixed Taplin Relay (F)*</i>				
		U19 F Double Ski (SF)	<b>5.30pm Marshall</b>	
U19 M Ski Relay (SF/F)	U19 M Ski Relay (SF/F)	Open F Double Ski (SF)	<b>March Past</b>	
U17 M Ski Relay (SF/F)	U17 M Ski Relay (SF/F)	<b>U19 Double Ski (F)</b>		
Open M Ski Relay (SF)	Open M Ski Relay (SF)	<b>Open F Double Ski (F)</b>		
<b>U19 M Ski Relay (F)</b>				
<b>U17 M Ski Relay (F)</b>				
<b>Open M Ski Relay (F)</b>		U19 F Ski Relay (SF/F)		
Open M Double Ski (H)	Open M Double Ski (H)	U17 F Ski Relay (SF/F)		
U19 M Double Ski (SF/F)	U19 M Double Ski (SF/F)	Open F Ski Relay (SF)		
Open M Double Ski (SF)	Open M Double Ski (SF)	<b>U19 F Ski Relay (F)</b>		
<b>U19 M Double Ski (F)</b>		<b>U17 F Ski Relay (F)</b>		
<b>Open M Double Ski (F)</b>		<b>Open F Ski Relay (F)</b>		

*\*Timing TBC*

2023 NSW Surf Life Saving Championships - Opens Program (DRAFT - 02.11.2022)	
Day 2 - Saturday 4 March 2023	
Water Area 1	Water Area 2
Open, U19, U17, U15 M	Open, U19, U17, U15 F
7.30am Report	7.30am Report
8am Start	8am Start
	<b>Open Lifesaver Relay (F)</b>
U15 M Board Race (SF)	U15 M Board Race (SF)
<i>Open Mixed Taplin Relay (F)*</i>	
U15 M Cameron Relay (F)	
	U15 F Cameron Relay (F)
U19 Male Ski Race (F)	
	U19 Female Ski Race (F)
U17 Male Ski Race (F)	
	U17 Female Ski Race (F)
Open Male Ski Race (F)	
	Open Female Ski Race (F)
U15 Male Surf Race (F)	
	U15 Female Surf Race (F)
U19 Male Surf Race (F)	
	U19 Female Surf Race (F)
U17 Male Surf Race (F)	
	U17 Female Surf Race (F)
Open Male Surf Race (F)	
	Open Female Surf Race (F)
U19 Male Board Race (F)	
	U19 Female Board Race (F)
U17 Male Board Race (F)	
	U17 Female Board Race (F)
U15 Male Board Race (F)	
	U15 Female Board Race (F)
Open Male Board Race (F)	
<i>Open Mixed Taplin Relay (F)*</i>	Open Female Board Race (F)
U19 Ironman (F)	
	U19 Ironwoman (F)
U15 Ironman (F)	
	U15 Ironwoman (F)
U17 Ironman (F)	
	U17 Ironwoman (F)
Open Ironman (F)	
	Open Ironwoman (F)
Open Male Taplin (F)	
	Open Female Taplin (F)

\*Timing TBC