



Performance Coach Recognition for Prior Learning

December 2024



Contents

Information for candidates	2
Steps in the Recognition for Prior Learning (RPL) process	2
Proof of relevant skills and knowledge	2
RPL Assessment Portfolio	3
Core Modules	3
Elective Modules	5
RPL Assessment Record	7
Appendix – Example Assessment Evidence	9
Core Modules	9
Elective Modules	10

Information for candidates

Candidates who already have the required knowledge and/or skills for part or the entire Performance Coach course can apply to complete a module or the whole course via an assessment only pathway – known as Recognition of Prior Learning (RPL).

This document explains the RPL process and provides the tools which will help you decide whether to apply for RPL, attend training, or a combination of both.

Steps in the Recognition for Prior Learning (RPL) process

1. Read this guide and make a list of any questions you may have for your assessor.
2. Discuss the RPL process with your assessor to ensure you understand the process and the possible outcomes.
3. Complete the assessment and/or provide proof of your skills and knowledge to the assessor.
4. Your Assessor will provide feedback and make the assessment decision.
 - If you have been successful in gaining satisfactory in certain modules within the qualification, you will need to liaise with your state centre to achieve the remainder of the accreditation by attending training.
 - If you have achieved none of the competencies, you must complete all components of the accreditation. Please refer to the Performance Coach Learner Guide and FAQ in the SLS Members Area.
 - If you successfully meet all the competencies within the accreditation, you will be granted RPL and the Performance Coach accreditation in your nominated elective(s).

Proof of relevant skills and knowledge

To verify you already have the skills and knowledge delivered by this course, you can choose to EITHER:

- complete the assessment tasks for the course

OR

- provide proof that demonstrates you have these skills and knowledge, which might include some or all of these:
 - demonstrating skills to your assessor
 - reports or references supporting your relevant skills and knowledge
 - names and contact details of referees
 - other types of proof agreed with your assessor

The evidence sheets on the following pages will provide you with examples of evidence. Read [Appendix – Example Assessment Evidence](#) at the end of the document to help you decide whether the skills you have match the requirements of the course.

RPL Assessment Portfolio

This RPL portfolio includes all the evidence you are required to submit to your assessor to demonstrate satisfactory knowledge of the Performance Coach Course and the related competencies listed in the Assessment Record below. Fill out your personal details below and submit this form with evidence to your Assessor. The Assessment Record section is for your Assessor to complete.

Candidate Details and Declaration	
First Name:	Surname:
Contact No.:	SLS Club:
Email:	
By signing below, I declare that the evidence I submitted for assessment is my own work, and I have taken all reasonable precautions that my work cannot be submitted by other candidates.	
Candidate Signature:	Date:

Use the table below to describe how your skills and experience meet the unit's competencies as listed on the left-hand side. **Please ensure any evidence you submit is clearly labelled and easily identifiable to your Assessor.** Please refer to [Appendix – Example Assessment Evidence](#) at the end of the document to help you decide whether the skills you have match the requirements of the course.

Core Modules

Summary of Module Requirements	Explanation of relevant job roles and/or qualifications and when I have done this	Evidence provided to support job roles and/or qualifications
<p>Developing Performance Level Technical Skills</p> <ul style="list-style-type: none"> I can describe various learning and skill acquisition approaches and how they can be used when coaching Surf Sports athletes. I can describe the importance of athlete self-awareness and decision making in the development of athlete skills and identify coaching strategies to implement both approaches. I can use an understanding of practical movement analysis principles to develop skill development coaching strategies suitable for those I coach. 		
<p>Developing Performance Level Physical Capacities</p> <ul style="list-style-type: none"> I can identify appropriate physical testing protocols to assess the physical capacity of performance level Surf Sport athletes. I can use an understanding of the components of fitness and the principles of training to analyse the results of physical testing and identify relevant physical training activities for performance level Surf Sport athletes. 		

Summary of Module Requirements	Explanation of relevant job roles and/or qualifications and when I have done this	Evidence provided to support job roles and/or qualifications
<p>Developing Performance Level Psychological Skills</p> <ul style="list-style-type: none"> I can identify appropriate psychological profiling protocols / tools to assess the psychological strengths and weaknesses of Surf Sports athletes. I can analyse the results of psychological profiling activities, to identify relevant psychological training activities for performance level Surf Sports athletes. 		
<p>Planning Your Performance Level Coaching Program</p> <ul style="list-style-type: none"> I can describe the core components of an integrated seasonal training and competition plan for Surf Sports participants in the Perform phase of development. I can describe the risk management process, as it relates to being a Surf Sports Coach working with performance level athletes and identify SLSA tools I can use to enhance the safety of my program. 		
<p>SLSA Coach Practical Workshop Facilitator</p> <ul style="list-style-type: none"> I can use an understanding of SLSA coach accreditation program delivery resources, along with an understanding of the learning needs of practical workshop participants, to effectively facilitate learner led SLSA Coach Accreditation Program practical workshops. 		
<p>SLSA Coach Assessor</p> <ul style="list-style-type: none"> I can use an understanding of SLSA coach accreditation program assessment resources, along with an understanding of the learning needs of candidates, to effectively facilitate the candidate led assessment of SLSA Coach Accreditation Program participants. 		
<p>SLSA Coach Mentor</p> <ul style="list-style-type: none"> I can use an understanding of the SLSA coach accreditation program, along with an understanding of the learning needs of candidates, to effectively mentor SLSA Coach Accreditation Program participants as they progress through their training. 		
<p>Sport Integrity Australia Anti-Doping Fundamentals/Annual Update</p> <ul style="list-style-type: none"> I can describe the core anti-doping issues which may face Surf Sports athletes in the Perform phase of development and provide simple and practical anti-doping advice to athletes. 		

Elective Modules

For each elective module for which you are applying for RPL, you must address the following points:

- I can plan, deliver, and review safe and effective coaching sessions, which develop performance level athletes' specific skills, fitness, and event understanding.
- I can develop a suitable season training and competition plan for several athletes in the Perform phase of development.

Elective Name	Explanation of relevant job roles and/or qualifications and when I have done this	Evidence provided to support job roles and/or qualifications
1: Beach		
2: Board		
3: IRB		
4: Iron person		
5: Lifesaving		

6: Pool Rescue		
7: R&R		
8: Ski		
9: Surf Boat		
10: Swim		

RPL Assessment Record

This RPL Assessment Record should be completed by an SLS Performance Coach Assessor. Assessment results are recorded by circling the letter(s) in the corresponding column using a pen. (**S** = Satisfactory, **NYS** = Not yet satisfactory, **NA** = Not applicable).

All candidate evidence is to be attached with this RPL Assessment Record along with the above RPL Assessment Portfolio completed by the candidate.

Candidate Details:			
Name:		SLS Club:	
Email:		Assessment Date:	
SLSA Performance Coach Assessment Tasks	Result	Date	Assessor Initials
Core Modules			
Module 1: Developing Performance Level Technical Skills	S / NYS / NA		
Module 2: Developing Performance Level Physical Capacities	S / NYS / NA		
Module 3: Developing Performance Level Psychological Skills	S / NYS / NA		
Module 4: Planning Your performance Level Coaching Program	S / NYS / NA		
Module 5: SLSA Coach Practical Workshop Facilitator	S / NYS / NA		
Module 6: SLSA Coach Assessor	S / NYS / NA		
Module 7: SLSA Coach Mentor	S / NYS / NA		
SIA (Sports Integrity Australia) Anti-Doping Fundamentals	S / NYS / NA		
SIA Annual Update	S / NYS / NA		
Elective Modules			
1: Beach	S / NYS / NA		
2: Board	S / NYS / NA		
3: IRB	S / NYS / NA		
4: Iron person	S / NYS / NA		
5: Lifesaving	S / NYS / NA		
6: Pool Rescue	S / NYS / NA		
7: R&R	S / NYS / NA		
8: Ski	S / NYS / NA		
9: Surf Boat	S / NYS / NA		
10: Swim	S / NYS / NA		
Assessor Signoff			
Assessor Name:		Assessor Club:	
By signing this RPL Assessment Record: <ul style="list-style-type: none"> I declare that the assessment was conducted in accordance with SLSA coaching guidelines. I declare that the candidate has been advised of their result. 			
Assessor Signature:		Assessment Date	

Assessor comments:

State/Territory Endorsement

Name of Representative:	
Position of Representative:	
Representative Signature:	
Date of Endorsement:	

Please forward the signed Assessment Portfolio and Assessment Record including relevant evidence to your State/Territory centre. Your State/Territory will forward the endorsed documentation to SLSA for final endorsement.

Appendix – Example Assessment Evidence

Core Modules

Summary of Unit Requirements	Explanation of relevant job roles and/or qualifications and when I have done this	Evidence provided to support job roles and/or qualifications
<p>Developing Performance Level Technical Skills</p> <ul style="list-style-type: none"> I can describe various learning and skill acquisition approaches and how they can be used when coaching Surf Sports athletes. I can describe the importance of athlete self-awareness and decision making in the development of athlete skills and identify coaching strategies to implement both approaches. I can use an understanding of practical movement analysis principles to develop skill development coaching strategies suitable for those I coach. 	<p>Equivalent Coaching qualification from a different National Sport Organisation (NSO)</p> <p>Developed a guide on coaching strategies and skill acquisition for new coaches</p> <p>Club Coach Role/s</p> <p>Involvement in roles within performance pathway</p> <p>Assistance / active involvement in contributing to the development of the coach workforce - within mentoring programs/assessing etc.</p> <p>Previous experience as an elite athlete</p>	<p>Level 3 Athletics Coach Accreditation</p> <p>Guide attached</p> <p>Letter from members Club with specific evidence e.g. results, development at club/branch/state level, Coach of the Year</p>
<p>Developing Performance Level Physical Capacities</p> <ul style="list-style-type: none"> I can identify appropriate physical testing protocols to assess the physical capacity of performance level Surf Sport athletes. I can use an understanding of the components of fitness and the principles of training to analyse the results of physical testing and identify relevant physical training activities for performance level Surf Sport athletes. 	<p>Bachelor of Sports Coaching & Administration</p> <p>SLSA Development Coach</p>	<p>University Transcripts</p> <p>SLSA Development Coach – Beach certificate</p>
<p>Developing Performance Level Psychological Skills</p> <ul style="list-style-type: none"> I can identify appropriate psychological profiling protocols / tools to assess the psychological strengths and weaknesses of Surf Sports athletes. I can analyse the results of psychological profiling activities, to identify relevant psychological training activities for performance level Surf Sports athletes. 	<p>Bachelor of Sports Coaching & Administration</p> <p>Delivered webinar on psychological profiling.</p>	<p>University Transcripts</p> <p>Link to webinar, evidence of webinar delivery</p>
<p>Planning Your Performance Level Coaching Program</p> <ul style="list-style-type: none"> I can describe the core components of an integrated seasonal training and competition plan for Surf Sports participants in the Perform phase of development. I can describe the risk management process, as it relates to being a Surf Sports Coach working with performance level athletes and identifying SLSA tools I can use to enhance the safety of my program. 	<p>Bachelor of Sports Coaching & Administration</p> <p>SLSA Development Coach</p>	<p>University Transcripts</p> <p>SLSA Development Coach- Beach certificate</p>

<p>SLSA Coach Practical Workshop Facilitator</p> <ul style="list-style-type: none"> I can use an understanding of SLSA coach accreditation program delivery resources, along with an understanding of the learning needs of practical workshop participants, to effectively facilitate learner led SLSA Coach Accreditation Program practical workshops. 	<p>SLSA Development Coach – Beach</p> <p>Australian Sports Commission (ASC) Facilitator</p>	<p>SLSA Development Coach- Beach certificate</p> <p>Australian Sports Commission (ASC) Facilitator certificate</p>
<p>SLSA Coach Assessor</p> <ul style="list-style-type: none"> I can use an understanding of SLSA coach accreditation program assessment resources, along with an understanding of the learning needs of candidates, to effectively facilitate the candidate led assessment of SLSA Coach Accreditation Program participants. 	<p>SLSA Development Coach – Beach</p> <p>Australian Sports Commission (ASC) Assessor</p>	<p>SLSA Development Coach- Beach certificate</p> <p>Australian Sports Commission (ASC) Assessor certificate</p>
<p>SLSA Coach Mentor</p> <ul style="list-style-type: none"> I can use an understanding of the SLSA coach accreditation program, along with an understanding of the learning needs of candidates, to effectively mentor SLSA Coach Accreditation Program participants as they progress through their training. 	<p>SLSA Development Coach – Beach</p> <p>Australian Sports Commission (ASC) Mentor</p>	<p>SLSA Development Coach- Beach certificate</p> <p>Australian Sports Commission (ASC) Mentor certificate</p>
<p>Sport Integrity Australia Anti-Doping Fundamentals Course</p> <ul style="list-style-type: none"> I can describe the core anti-doping issues which may face Surf Sports athletes in the Perform phase of development and provide simple and practical anti-doping advice to athletes. 	<p>Sport Integrity Australia Anti-Doping Fundamentals Course</p> <p>Sport Integrity Australia Annual Update Course</p>	<p>Sport Integrity Australia Anti-Doping Fundamentals Course certificate</p> <p>Sport Integrity Australia Annual Update Course certificate</p>

Elective Modules

Summary of Unit Requirements	Explanation of relevant job roles and/or qualifications and when I have done this	Evidence provided to support job roles and/or qualifications
<p>Module 1: Beach</p> <ul style="list-style-type: none"> I can plan, deliver, and review safe and effective Beach event coaching sessions, which develop performance level athletes' beach specific skills, fitness, and event understanding. I can develop a suitable season training and competition plan for several Beach event athletes in the Perform phase of development. 	<p>Australian SLS Championships</p> <p>Former elite athlete in discipline</p>	<p>Coaching footage leading up to the Australian SLS Championships</p> <p>12 month periodised training plan</p>