

Provide Cardiopulmonary Resuscitation (CPR)

Course Description

The Cardiopulmonary Resuscitation (CPR) course delivers the essential principles, skills and knowledge to maintain or restore breathing and circulation in an adult, child or infant. The course content is based on the policies and standards of the Australian Resuscitation Council.

Course Content Includes

- Recognise an emergency situation
- Legal Issues and infection control
- Assessing the casualty and recognising the need for CPR
- Emergency action principles - DRSABCD
- Plan an appropriate first aid response
- External cardiac compressions (CPR)
- Adult, Infant and child CPR rates and techniques
- One and two person CPR techniques
- Use of an Automated External Defibrillator (AED)

Delivery Option

2 - 3 hours including assessment.

Assessment

The course is assessed through demonstration*, presentation and application of all elements of competency in the workplace. Participants will be required to complete activities that may include role-plays, oral and written questioning, practical demonstrations and performing scenarios.

*Please note, it is a requirement of this course that practical demonstration of CPR must be performed on the floor.

Accreditation

Upon successful completion of the course, participants will receive a nationally recognised statement of attainment for the following unit of competency:

- HLTAID001 - Provide cardiopulmonary resuscitation

Validity

One (1) year from date of course. It is recommended by the Australian Resuscitation Council that you update your CPR skills every 12 months.

Course Fee

- Please contact an Academy Business Officer (02) 9471 8000

*Onsite training is available throughout NSW and the ACT for a minimum of 6 participants. Group discounts may apply.

